

Montana Beef & Lentil Crumble

Made at Mission Mountain Food Enterprise Center in Ronan, Montana



PRICE \$82 / Case

CASE SIZE 20 lb case (2 x 10 lb bags)

STORAGE Keep frozen

SHELF LIFE 2 years

PREPARATION

Fully cooked. Heat and serve.

Montana Beef & Lentil Crumble was developed to help Montana schools utilize local beef in recipes without compromising nutrition, flavor, or budgets. The blending of 100% Montana beef and lentils offers a versatile addition to your menu that packs a protein and fiber punch in soups, sauces, Sloppy Joes, burritos, tacos, and more.

CREDITING

One 1/3 cup portion equals 1 oz equivalent of meat/meat alternates.

INGREDIENTS

Montana ground beef, Montana lentils, water

CONTACT

Western Montana Growers Cooperative

Sales Manager

Office: 406-493-0859 x7 for Sales Manager

orders@wmgcoop.com

NUTRITION FACTS

Serving size: 1/3 cup
Servings per case: 160

Calories per serving 110

Amount Per Serving	% Daily Value
Total Fat 5g	8%
Saturated Fat 2g	9%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 25mg	1%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	9%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.7mg	10%
Potassium 210mg	4%



*Prices and weights subject to change.

Updated May 2025



Montana Lentil Burger

Made at Mission Mountain Food Enterprise Center in Ronan, Montana



PRICE \$85.12 / Case

CASE SIZE 45 4 oz patties

STORAGE Keep frozen

SHELF LIFE 2 years

PREPARATION

Fully cooked. Heat and serve.

The Montana Lentil Burger is the perfect vegetarian protein alternative made easy for your menu. Our burger provides a unique center of the plate item featuring one of Montana's staple crops – lentils! Lentils are a significant source of protein, iron, and folic acid. Alongside grains such as barley and oats, the Montana Lentil Burger provides a complete protein item for your menu.

INGREDIENTS

Lentils, eggs, rolled oats, mushrooms, barley, safflower oil, sunflower seeds, carrots, onions, flax seed, spices, oat bran, bell peppers, oat groats

CONTACT

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Sales Manager

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NUTRITION FACTS

Serving size: 4 oz

Servings per case: 45

Calories per serving 290

Amount Per Serving	% Daily Value
Total Fat 9g	14%
Saturated Fat 0.5	3%
Trans Fat 0g	
Cholesterol 0mg	14%
Sodium 330mg	14%
Total Carbohydrate 38g	13%
Dietary Fiber 13g	52%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 15g	
Vitamin A 90 µg	10%
Vitamin C 5.4 mg	6%
Calcium 52mg	4%
Iron 2.6mg	10%



**Prices and weights subject to change.*

Updated May 2025



PRICE \$79.87 / Case

CASE SIZE 20 lb case (6, 64 oz jugs)

STORAGE Shelf stable

SHELF LIFE 2 years

PREPARATION

Fully cooked. Heat and serve.

Montana Marinara is now shelf stable! Our delicious tomato sauce highlights Montana carrots, onions, butternut squash, and safflower oil and is a versatile addition to your menu. Try it with pastas, breadsticks, meatball subs, or as a base for other soups or sauces! Fresh and flavorful, Montana Marinara is loved by K-12 students and staff alike.

CREDITING

One 1/2 cup serving equals one 1/2 cup serving of red/orange vegetables.

INGREDIENTS

Tomatoes, onions, tomato paste, water, carrots, butternut squash, safflower oil, salt, basil, oregano, garlic

CONTACT

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Sales Manager

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NUTRITION FACTS

Serving size: 1/2 cup
Servings per case: 76

Calories per serving 60

Amount Per Serving	% Daily Value
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 17mg	2%
Iron 1mg	6%
Potassium 168mg	4%



**Prices and weights subject to change.*

Updated May 2025

Big Sky Bites: Beef, Lentil, and Mushroom Meatballs

Made at Mission Mountain Food Enterprise Center in Ronan, Montana



PRICE \$189 / Case

CASE SIZE 20 lb case (4 x 5 lb bags)

STORAGE Keep frozen

SHELF LIFE 2 years

PREPARATION

Fully cooked. Heat and serve.

Our Big Sky Bites are made with Montana beef and Montana lentils blended with mushrooms, potatoes, oats, and spices. Combining beef with lentils lets us showcase two key Montana products along with a boost of fiber in these delicious meatballs! Try them on pasta, subs, and more – and they go great with our Montana Marinara!

CREDITING

One 3 oz serving provides 1.25 oz equivalent of meat/meat alternates.

INGREDIENTS

Ground beef, lentils, mushrooms, blanched potatoes, egg, rolled oats, sea salt, granulated garlic, granulated onion, dried parsley, dried basil, black pepper, dried oregano

CONTACT

Western Montana Growers Cooperative

Sales Manager

Office: 406-493-0859 x7 for Sales Manager
orders@wmgcoop.com

NUTRITION FACTS

Serving size: 3 oz
Servings per case: 106

Calories per serving 130

Amount Per Serving	% Daily Value
Total Fat 7g	11%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 330mg	14%
Total Carbohydrate 9g	3%
Dietary Fiber 2g	10%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin A	2%
Vitamin C	4%
Iron	10%
Calcium	2%



*Prices and weights subject to change.

Updated May 2025



PRICE \$155 / Case

CASE SIZE 48 bars, bulk packaged

STORAGE Shelf-stable

SHELF LIFE 2 years

PREPARATION

Ready to eat!

Our Cherry Bar was developed to meet the needs of school breakfast programs, but it can be enjoyed at any meal or as a snack! Bursting with cherry flavor and a touch of sweetness with no added sugar, kids and adults alike will love this tasty and nutritious bar. Every bar is made with Montana cherries, honey, oats, oat flour, and safflower oil.

CREDITING

One bar equals one 1 oz whole grain equivalent.

INGREDIENTS

Whole grain oat blend (oat flour, oats), honey, dried cherries, safflower oil, baking powder, salt, vanilla, cinnamon

CONTACT

Western Montana Growers Cooperative

Sales Manager

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orders@wmgcoop.com

NUTRITION FACTS

Serving size: 1 bar (1.4 oz)
Servings per case: 48 bars

Calories per serving 160

Amount Per Serving	% Daily Value
Total Fat 4.5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate 27g	10%
Dietary Fiber 2g	7%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D	0%
Calcium	0%
Iron	10%
Potassium	2%



*Prices and weights subject to change.

Updated May 2025